



# Nutritional Information

Code	Component	Menu item	Serving Size	Component Value	Calories	Calories from Fat	Total Fat g	Sat Fat g	Trans fat g	Chol mg	Sodium mg	Total Carb g	Dietary Fiber g	Sugar g	Protein g	Vit A IU	Vit C mg	Calcium mg	Iron mg
61401	Protein	Chicken Salad	3oz	2m/ma	160	70	7	1.5	0	35	250	8	0	3	15	0	3.6	20	0.72
	Fruit Juice	Apple Juice	125 ml	3/8 cup	60	0	0	0	0	0	5	15	0	14	<1	0	60	100	0
	Fruit	Soybeans, Rosted& Salted	1.5oz	3/8 cup	200	97	11	1.6	0	0	69	13	2	0	16	85	1	59	2.00
	Cracker	Crispy Toast	.6oz	1 bread	50	0	0	0	0	0	90	11	1	2	2	0	0	6.45	0.68
	Extra	Pepperidge Pretzel Goldfish	0.75oz (21g)	1 bread	90	15	1.5	0	0	0	300	17	<1	<1	2	0	0	0	0.72
<b>Total Nutritional Profile</b>					<b>560</b>	<b>182</b>	<b>19.5</b>	<b>3.1</b>	<b>0</b>	<b>35</b>	<b>714</b>	<b>64</b>	<b>3</b>	<b>19</b>	<b>35</b>	<b>85</b>	<b>64.6</b>	<b>185.45</b>	<b>4.12</b>
61402	Protein	Peanut Butter	2.2oz	2m/ma	360	270	30	4	0	0	310	16	4	7	13	0	0	30	1.26
	Fruit Juice	Grape Juice	125 ml	1/2 cup	60	0	0	0	0	0	10	16	0	16	0	0	12	20	0.36
	Fruit	Apple Sauce, Mixed Fruit	4oz	1/2 cup	100	0	0	0	0	0	0	24	1	22	0	0	12	0	0
	Cracker	ESE Honey Graham 3pk	0.9oz (26g)	1 bread	100	25	3	0	0	0	130	18	1	6	1	240	3.1	5.8	1.74
	Extra	ESE Animal Crackers, plain	1oz (28g)	1 bread	100	15	1.5	0	0	0	85	21	<1	6	2	0	0	0	0.84
Condiment	Jelly Pack	1oz		80	0	0	0	0	0	0	19	0	12	0	0	0	0	0	
<b>Total Nutritional Profile</b>					<b>800</b>	<b>310</b>	<b>34.5</b>	<b>4</b>	<b>0</b>	<b>0</b>	<b>535</b>	<b>114</b>	<b>6</b>	<b>69</b>	<b>16</b>	<b>240</b>	<b>27.1</b>	<b>55.8</b>	<b>4.20</b>
61403	Protein	Tuna Salad	3oz	2m/ma	140	65	7	1	0	15	330	9	0.5	3	11	0	2.4	20	0.72
	Fruit Juice	Grape Juice	125 ml	1/2 cup	60	0	0	0	0	0	10	16	0	16	0	0	12	20	0.36
	Fruit	Apple Sauce, Original	4oz	1/2 cup	100	0	0	0	0	0	0	24	1	22	0	0	12	0	0
	Cracker	Crispy Toast	.6oz	1 bread	50	0	0	0	0	0	90	11	1	2	2	0	0	6.45	0.68
	Extra	Pepperidge Cinnamon Graham 2pk	0.9oz (26g)	1 bread	120	35	4	1	0	0	110	19	<1	6	1	0	0	0	0.72
<b>Total Nutritional Profile</b>					<b>470</b>	<b>100</b>	<b>11</b>	<b>2</b>	<b>0</b>	<b>15</b>	<b>540</b>	<b>79</b>	<b>2.5</b>	<b>49</b>	<b>14</b>	<b>0</b>	<b>26.4</b>	<b>46.45</b>	<b>2.48</b>
61404	Protein	Turkey Stick	1oz	1 m/ma	60	20	2	0	0	30	490	5	0	5	7	0	0	0	0.36
	Protein	Scooby Doo Cheese Sauce Cup	2oz	1 m/ma	180	126	14	8	0	30	920	4	0	4	8	200	0	150	0
	Fruit Juice	Grape Juice	125 ml	1/2 cup	60	0	0	0	0	0	10	16	0	16	0	0	12	20	0.36
	Fruit	Apple Sauce, Strawberry	4oz	1/2 cup	90	0	0	0	0	0	0	23	1	21	0	0	60	0	0.36
	Extra	Pretzel sticks	1oz	1.25 bread	110	0	0	0	0	0	380	23	1	1	3	0	0	0	0.72
<b>Total Nutritional Profile</b>					<b>500</b>	<b>146</b>	<b>16</b>	<b>8</b>	<b>0</b>	<b>60</b>	<b>1800</b>	<b>71</b>	<b>2</b>	<b>47</b>	<b>18</b>	<b>200</b>	<b>72</b>	<b>170</b>	<b>1.80</b>
61405	Protein	Chicken BBQ Sauce	3oz	2m/ma	140	20	2	0.5	0	30	300	17	1	11	13	300	5	20	1.08
	Fruit Juice	Apple Juice	125 ml	3/8 cup	60	0	0	0	0	0	5	15	0	14	<1	0	60	100	0
	Fruit	Soybeans, Rosted& Salted	1.5oz	3/8 cup	200	97	11	1.6	0	0	69	13	2	0	16	85	1	59	2.00
	Cracker	ESE Honey Graham 3pk	0.9oz (26g)	1 bread	100	25	3	0	0	0	130	18	1	6	1	240	3.1	5.8	1.74
	Extra	ESE Animal Crackers, plain	1oz (28g)	1 bread	100	15	1.5	0	0	0	85	21	<1	6	2	0	0	0	0.84
<b>Total Nutritional Profile</b>					<b>600</b>	<b>157</b>	<b>17.5</b>	<b>2.1</b>	<b>0</b>	<b>30</b>	<b>589</b>	<b>84</b>	<b>4</b>	<b>37</b>	<b>32</b>	<b>625</b>	<b>69.1</b>	<b>184.8</b>	<b>5.66</b>
61406	Protein	Beef and Cheese sticks	1.65oz	1.5m/ma	160	120	13	7	0	25	720	1	0	0	8	400	3	110	0.72
	Protein	Sunflower seeds	.5oz	.5m/ma	90	65	7	1.1	0	0	53	3.2	1.5	0.5	3	6	0.3	12	0.70
	Fruit Juice	Grape Juice	125 ml	1/2 cup	60	0	0	0	0	0	10	16	0	16	0	0	12	20	0.36
	Fruit	Apple Sauce, Original	4oz	1/2 cup	100	0	0	0	0	0	0	24	1	22	0	0	12	0	0
	Cracker	Pepperidge Cheddar Goldfish	0.75oz (21g)	1 bread	100	30	3.5	1	0	<5	180	14	<1	0	2	0	0	20	0.36
<b>Total Nutritional Profile</b>					<b>510</b>	<b>215</b>	<b>23.5</b>	<b>9.1</b>	<b>0</b>	<b>25</b>	<b>963</b>	<b>58.2</b>	<b>2.5</b>	<b>38.5</b>	<b>13</b>	<b>406</b>	<b>27.3</b>	<b>162</b>	<b>2.14</b>

## Allergen Statement

61401 Chicken Salad Meal: Contains Milk, Eggs, Wheat, & Soy  
 61402 Peanut Butter & Jelly Meal: Contains Milk, Wheat, Soy, & Peanuts  
 61403 Tuna Salad Meal: Contains Milk, Eggs, Wheat, Soy & Fish  
 61404 Turkey Stick Meal: Contains Milk, Wheat, Soy, \*Peanuts, & \*Tree Nuts  
 61405 Chicken In BBQ Sauce Meal: Contains Milk, Wheat, Soy  
 61406 Beef & Cheese Stick Meal: Contains Milk, Wheat, & Soy  
 \*Pretzel Sticks are packaged in a facility that uses peanuts and/or tree nuts.

